

# Australian Transport Safety Bureau

## Ride-On Motorcycle DVD

A new DVD version of the *Ride On* motorcycle safety video is the latest Australian Transport Safety Bureau (ATSB) offering for safety conscious motorcyclists. The *Ride On* DVD, like the video, highlights safe motorcycle riding techniques as well as the need to develop mental alertness and self control. Through practice, these key points can become life saving habits, enabling you to avoid harm and enjoy riding for many years to come. They are not substitutes for personal training by qualified instructors.

*Ride On* has been in strong demand from motorcycle training groups and motorcyclists for over five years for its practical instructions and easy to follow advice. The DVD provides sharper (720\*576 pixel) resolution picture quality and enables viewers to access its five chapters separately or continuously: The chapters are:

1. Introduction with Wayne Gardner
2. Bike Control Skills
3. Mental Skills to Recognise Potential Harm
4. Self Control Skills
5. Play All

An increasing number of Australians have taken up motorcycling in recent years. From 1994 to 2003, registrations climbed by 29 per cent. All these current and new motorcyclists need high skill levels as they are more vulnerable to accident and injury than car drivers. If you ride a motorcycle, you are 29 times more likely to be killed on the road than are operators of other vehicles. This conclusion is based on crash rates from 1998 to 2000. During this period, there were 14.9 motorcycle rider deaths and 0.5 'non-motorcycle'-operator deaths for every 100 million kilometres travelled. So high skill levels for motorcyclists are vital and the *Ride On* DVD is a great instructional tool for motorcycle trainers and for current and budding motorcyclists.

The ATSB *Ride On* DVD is now available for purchase for \$20 by credit card or order form through the ATSB website [www.atsb.gov.au](http://www.atsb.gov.au), or by phone: 1800 621 372 (credit card payments only).